



**BE READY TO  
SAVE A LIFE  
with  
Hands-Only CPR**

**It's easy to learn. You can increase the chance of someone surviving a cardiac emergency by taking a FREE non-certified HANDS ONLY 60-minute class with the Kentucky Chapter of the American Red Cross.**

**More than 350,000 cardiac arrests occur outside a hospital each year. Learn how to deliver lifesaving CPR care without rescue breaths and be prepared.**

**When you immediately provide Hands-Only CPR, you can increase the chance of survival.**

**Monday, May 8—6:00 pm at the Extension Depot**

**To learn more or sign-up for a free 60-minute class, please contact:**

**Harlan County Extension Service  
(606) 573-4464**

**Cooperative Extension Service**  
Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

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Disabilities  
accommodated  
with prior notification.